

# LASER

## LASER HAIR REDUCTION

Our Lasers are safe & useful for removing unwanted, pigmented hair. Lasers can selectively target dark, coarse hairs while leaving the surrounding skin undamaged. Each pulse of the laser takes a fraction of a second & can treat many hairs at the same time. Hair reduction is nearly pain free & effective on any area of the body.

### SMALL AREA

Lip, Chin, Under Arms, Nose, Bikini Line, Areola, Sideburns, Hands & Fingers, Feet & Toes, Naval, Back of Neck, Glabella.

### MEDIUM AREA

Whole Face, Front of Neck, Extended Bikini, Shoulders, Chest, Upper Arms.

### LARGE AREA

Upper Back, Lower Back, Abdomen, Upper Legs, Lower Legs, Brazilian, Forearms.

### EXTRA LARGE AREA

Full Leg, Full Arm, Full Torso, Full Back.

SHAVING - \$15

NUMBING CREAM - \$75

SIZE	MEMBERS		NON-MEMBERS	
	each session	6 - series	each session	6 - zz
small	\$32	\$160	\$45	\$225
medium	\$49	\$245	\$59	\$295
large	\$69	\$345	\$79	\$395
extra large	\$109	\$545	\$119	\$595
full body	\$400	\$1,995	\$500	\$2,500

Touch-ups available after 6 treatments for a specific treated area: \$25 per 15 minutes in laser room.

# LASER

CONTINUED

## INTENSE PULSED LIGHT (IPL) PHOTOFACIAL

Is a laser light treatment that targets pigment issues, such as brown spots, sun damage, redness, broken capillaries & Rosacea. The IPL light passes through the epidermis, drawing out the pigment-producing cells that disperse uneven pigment.

## IPL SPOT TREATMENTS

*\$79 Members / \$99 Non-Members*

*3 Pack Members \$69 ea. / Non-Members \$89 ea.*

## IPL FACE

Whole face, blending down onto neck.

*\$199 Members / \$250 Non-Members*

*3 Pack Members \$179 ea. / Non-Members \$220 ea.*

## IPL DÉCOLLETÉ

Chest from shoulder to shoulder, blending up neck & down to where sun damage fades.

*\$199 Members / \$250 Non-Members*

*3 Pack Members \$179 ea. / Non-Members \$220 ea.*

## IPL HANDS & FOREARMS

Fingers, hands, top of forearms, blending up to elbow.

*\$250 Members / \$350 Non-Members*

*3 Pack Members \$190 ea. / Non-Members \$320 ea.*

Other body location pricing available upon consultation.

## NIR SKIN TIGHTENING

A non-invasive treatment that leaves your skin looking firmer & younger. The infrared technology heats the tissue deep below the skin's surface causing collagen fibers to contract & tighten. This stimulates the formation of new collagen & elastin, further enhancing the tightening & plumping effect & helping to bolster the skin against future aging. 50 Min.

*\$99 Single Treatment Members / \$129 Non-Members*

*6 Pack Members \$499 / Non-Members \$649*

# FACIALS

CONTINUED

## FACIAL ADD-ONS

All add-ons are incorporated into the regular time of the facial.  
(Excluding 30 MINUTE BONUS, below)

### DERMAPLANE

A method of physical exfoliation in which a sterile, surgical scalpel is used to gently "shave" the skin's surface, removing the top-most layer of dead skin & hair (peach fuzz).

*\$10 Members / \$20 Non-Members*

### NECK & DÉCOLLETÉ TREATMENT

All product & procedures performed on the face are also applied to neck & chest.

*\$20 Members / \$30 Non-Members*

### LASH TINT

Adding a vegetable based dye to your eyelashes, giving you weeks of dark, full lashes without the assistance of mascara.

*\$20 Members / \$40 Non-Members*

### BROW TINT

Adding a vegetable based dye to enhance, shape, & define your brows.

*\$10 Members / \$20 Non-Members*

### 1 AREA FACIAL WAX

Hair removed from lip or chin or sideburns in a facial treatment.

*\$10 Members / \$20 Non-Members*

### LED LIGHT THERAPY

Pain-free, non-invasive, soothing & rejuvenating skin treatment. This treatment will help treat acne breakouts, fine lines & wrinkles, post inflammatory scarring & rosacea. It will not only help minimize acne, but also soothe your skin & reduce both redness & inflammation.

*\$29 Members / \$49 Non-Members*

### NUFACE

Rejuvenate your face & neck by toning, lifting & reducing wrinkles. Clinically-tested anti-aging results in just 5-minutes.

*\$5 Members / \$10 Non-Members*

### CHEMICAL PEEL

Your choice of GLYCOLIC, LACTIC or TCA chemical peel to lighten, brighten, tighten, stimulate skin cell turnover & enhance collagen production without any downtime or peeling.

*Spot Treatment - \$10 Members / \$15 Non-Members*

*Full Face - \$20 Members / \$40 Non-Members*

### 30 MINUTE BONUS

Add on an extra 30 minutes of:

- Relaxation & Massage
- More time to enjoy especially if receiving multiple add-ons

*\$39 Members / \$59 Non-Members*

# FACIALS

## MEMBERS

20 MIN \$39

50 MIN \$69

80 MIN \$99

## NON-MEMBERS

20 MIN \$59

50 MIN \$89

80 MIN \$129

### **CUSTOM FACIAL**

Deep pore-cleansing, skin analysis, extractions if necessary, microdermabrasion, eyebrow wax, facial massage, mask customized to your skin's needs, lip hydrating treatment & a neck & shoulder massage.

### **BRIGHTENING FACIAL**

Includes custom facial steps (above) plus a rejuvenating & stimulating treatment that will decongest your pores, brighten/tighten your skin tone, and make your skin glow, feeling hydrated and refreshed.

### **ANTIAGING FACIAL**

Includes custom facial steps (above) plus a facial designed to nourish, tighten, tone & energize aging skin by stimulating circulation & producing new collagen. Leaving the skin looking more youthful & radiant.

### **DEEP CLEANING DETOX FACIAL**

Includes custom facial steps (above) plus a specifically designed process to treat breakouts, acne, control oil production, unplug compactans, decongest pores, eliminate & reduce inflammation, leaving the skin refined & radiant. This treatment is ideal for adult & teenage acne/oil control.

### **CALMING FACIAL**

Includes custom facial steps (above) plus an effective treatment that calms redness & irritation, hydrates, is anti-inflammatory & beautifying, leaving skin hydrated, refreshed & healthy.

### **SKIN FIT FACIAL**

Includes custom facial steps (above) plus this non-surgical NuFace face lift uses microcurrents to tone & lift the facial muscles to provide immediate & visible results along with the application of a variety of skin firming products. Eyebrow wax, lip hydrating treatment & a neck & shoulder massage.

### **SUPER HYDRATION FACIAL**

Includes custom facial steps (above) plus a facial meant to target dry & itchy & dull skin. Improving overall tone & complexion reducing appearance of fine lines.

### **BACIAL**

This relaxing treatment is designed to be a 'facial for the back'. The hard-to-reach area of your back is tended to during a deep cleansing, exfoliation, steam, extractions (if needed), a custom mask, microdermabrasion, & a gentle back & shoulder massage. Great for anyone whose back may be exposed (i.e. brides, swim wear, bare-back dresses).

*\$79 Members / \$99 Non-Members*

### **EXPRESS FACIAL (20 min)**

Includes a deep cleanse, microdermabrasion, custom enzyme, extractions, serum & sunblock. (Replace microdermabrasion with Dermaplane for additional \$10 Members / \$20 Non-Members)

*\$39 Members / \$59 Non-Members*

# MEDICAL FACIALS

## LUXURY HYDRAFACIAL

This facial provides a multi-level, customized approach to a healthier complexion. A patented multiple step process targeting a deep cleanse, peel, extract, hydrate & protect. Skin is infused with antioxidants & other essential nutrients then layered with a soothing masque to dramatically increase moisture. This facial is enhanced with a head, neck & shoulder massage. **50 Min.**

*\$149 Members / \$199 Non-Members*

## STANDARD HYDRAFACIAL

A patented process that combines cleansing, exfoliation, extraction, hydration & antioxidant protection. Resulting in clearer, more beautiful skin with no discomfort or downtime. NOTE: facial add-ons such as brow wax, dermaplane, etc., are not possible with this Standard Hydrafacial due to insufficient time. **20 Min.**

*\$119 Members / \$149 Non-Members*

## HYDRAFACIAL ENHANCEMENTS:

### • NECK & DÉCOLLETÉ

All steps performed on face carried down on neck & décolleté.

*\$59 Members / \$79 Non-Members*

### • CTGF (Connective Tissue Growth Factor)

Designed to boost collagen & elastin production & diminish the appearance of fine lines.

*\$79 Members / \$99 Non-Members*

### • BRIGHTENOL

Brightens & balances skin tone while minimizing the appearance of dark spots & sun spots.

*\$29 Members / \$49 Non-Members*

### • DERMABULIDER

Helps smooth the appearance of fine lines & wrinkles & enhances skin elasticity.

*\$29 Members / \$49 Non-Members*

## FIRE & ICE FACIAL

The iS Clinical Fire & Ice Resurfacing Facial is a rejuvenating treatment that bridges the gap between a relaxation facial & an invasive peel, with no downtime. This facial is results-driven & designed to resurface the skin, treat problematic skin, reduce fine lines & encourage cellular renewal. Resulting in clear & smooth skin.

*\$89 Members / \$119 Non-Members*

## VI CHEMICAL PEEL

Is a safe yet powerful medical-grade chemical peel for the treatment of acne & acne scarring, fine lines & wrinkles, age & sun spots, hyperpigmentation, melasma, rosacea, enlarged pores, oil balancing, & overall skin health (may experience 5-7 days of peeling).

*\$199 Member / \$249 Non-Members*

# MEDICAL FACIALS

CONTINUED

## MICRONEEDLING

Collagen induction treatment - Fine needles puncture the skin & create a controlled skin injury in order to rejuvenate skin. Treats & improves conditions like acne scarring, fine lines & wrinkles, loose skin, skin texture, pore size, brown spots, stretch marks, & complexion inconsistencies.

*\$150 Members / \$300 Non-Members*

## MICRONEEDLING WITH GROWTH FACTOR

Stem cell growth factors are used to optimize the look & feel of your skin. Helps speed healing time of treatment.

*\$229 Members / \$399 Non-Members*

## MICRONEEDLING WITH PRP

Involves taking a sample of your own blood, extracting the Platelet Rich Plasma & then rolling fine needles over the skin, allowing platelets to penetrate into tiny holes which will encourage collagen production & cell reproduction.

*\$599 Members / \$699 Non-Members*

## SKIN MEDICA CHEMICAL PEELS:

SkinMedica® Peels address the visible skin imperfections that result from skin aging & sun exposure, such as fine lines & wrinkles, uneven skin tone & texture. Peels also address skin tone unevenness that can be caused by acne scarring or pigmentary changes.

- **ILLUMINIZE CHEMICAL PEEL (light downtime peel)**

Softens skin inconsistencies leaving the skin vibrant, radiant, clean & toned.

*\$109 Members / \$139 Non-Members*

- **VITALIZE CHEMICAL PEEL (medium downtime peel)**

Helps provide vibrant, radiant looking skin with minimal downtime. Appropriate for mild skin imperfections.

*\$149 Members / \$179 Non-Members*

- **REJUVINIZE CHEMICAL PEEL (strong downtime peel)**

Smooth the appearance of fine lines and wrinkles. See noticeable improvement after just one peel & compelling results after 3 - 6 peels. Appropriate for moderate to severe skin imperfections.

*\$189 Members / \$209 Non-Members*

## LED LIGHT THERAPY

Pain-free, non-invasive, soothing & rejuvenating skin treatment. This treatment will help treat acne breakouts, fine lines & wrinkles, post inflammatory scarring & rosacea. It will not only help minimize acne, but also soothe your skin & reduce both redness & inflammation.

*\$59 Members / \$79 Non-Members*

# MASSAGES

## MEMBERS

20 MIN \$39

50 MIN \$69 (Ashiatsu \$79)

80 MIN \$99 (Ashiatsu \$109)

110 MIN \$129 (Ashiatsu \$139)

## NON-MEMBERS

20 MIN \$59

50 MIN \$89 (Ashiatsu \$99)

80 MIN \$129 (Ashiatsu \$149)

110 MIN \$159 (Ashiatsu \$169)

## CUSTOM MASSAGE

Integrating a variety of modalities best fit to achieve your goals.

20/50/80/110 Min.

## SWEDISH MASSAGE

Utilizing long, fluid strokes, this classic massage relieves muscle tension & improves circulation. The massage will gently guide you to relax & release stress. 50/80/110 Min.

## DEEP TISSUE MASSAGE

Deeply therapeutic, this custom massage targets chronic tension. Using a variety of techniques, bringing relief to areas of pain & stiffness. 50/80 Min.

## TRIGGER POINT MASSAGE

Specifically designed to alleviate the source of the pain through cycles of isolated pressure & release. 50/80 Min.

## MYOFASCIAL RELEASE

A manipulative treatment that attempts to release tension in the fascia (connective tissues surrounding the muscles) due to trauma, posture, or inflammation. 50/80 Min.

## PRE-NATAL MASSAGE

Designed to nurture & support both mother & baby, this massage focuses on areas of the body affected most by pregnancy. Massage available only for mamas whose pregnancy is not considered high-risk & after 1<sup>st</sup> trimester. 50/80 Min.

## HEAD, NECK & SHOULDER MASSAGE

To improve circulation & ease tension, this therapeutic treatment may include a combination of acupressure, hot compresses & specialized massage. 20/50 Min.

## LYMPHATIC MASSAGE

Employing a light, rhythmic touch to increase the flow of fluid through the lymphatic system. This gentle massage stimulates detoxification & increases circulation. 50 Min.

## CRANIOSACRAL MASSAGE

A gentle, noninvasive form of bodywork that addresses the bones of the head, spinal column & sacrum. The goal is to release compression in those areas which alleviates stress & pain. 50 Min.

# MASSAGES

CONTINUED

## NO COST ADD-ONS:

\*All no cost add-ons are incorporated into the regular time of the massage.

### CUPPING THERAPY

Specially designed cups create suction to the skin to stimulate circulation, lymphatic flow, relieve pain & release tense muscles.

### HOT STONE SPOT TREATMENT

Relaxes the body and melts away tension & stress through the placement of smooth, heated stones on a key point of the body.

### HOT TOWEL THERAPY

Relaxes the muscles either before working on a targeted area or after treating an area.

## UPGRADED ADD ONS

### CBD SPOT TREATMENT THERAPY

Application of CBD oil to painful areas allows its rich benefits to work instantly. (CBD does not alter the mind, nor is it habit forming.)

*\$15 Members / \$30 Non-Members*

### FOOT or BACK SCRUB

Our delicious seasonal scrub replenishes & revitalizes skin.

*\$5 Members / \$10 Non-Members*

### HOT STONE FULL BODY MASSAGE

Involves the use of smooth, heated stones. The localized heat & weight of the stones warm & relax muscles, allowing the massage therapist to apply deeper pressure to those areas without causing discomfort.

80 Min.

*\$10 Members / \$20 Non-Members*

### ASHIATSU MASSAGE

Ashiatsu is a barefoot massage technique in which the therapist delivers relaxing, deep, broad, consistent pressure while utilizing their feet and body weight 50/80 Min.

*(See prices on other side of page.)*



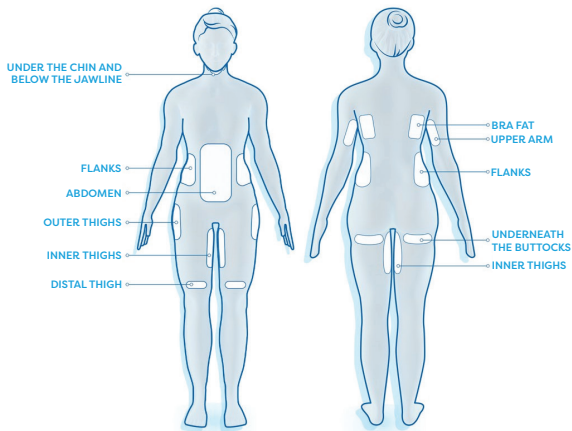


**Schedule a FREE consultation TODAY!**

**Freeze Fat Away!**

**No Surgery. No Needles. No Downtime.**

### CoolSculpting® Treatment Areas



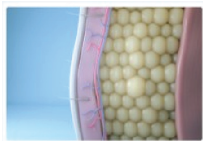
CoolSculpting's fat-freezing technology gives long-term results that make trouble spots a lot less troubling. Fat cells don't like the cold and at a certain temperature they will freeze. Once that happens, your body will naturally eliminate the dead cells in 1-4 months, resulting in up to 20%-25% permanent reduction of fat in a treated area.



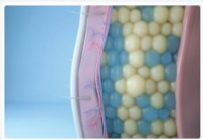
Schedule A **FREE** consultation today with one of our CoolSculpting® University Graduates!

CoolSculpting produces proven results - it is FDA Cleared, safe & effective!

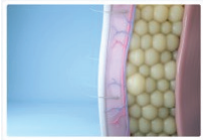
Once treated, fat cells are gone for good!



Many of us have stubborn fat despite diet and exercise.



CoolSculpting® effectively targets fat cells underneath the skin without damage to the skin or surrounding tissues. Treated fat cells are frozen and then die.



**In the weeks that follow**, the body naturally process and eliminates these dead fat cells. Treated fat cells are gone for good!\*

*\*Based on an animal model.*

medspa810 480-513-8813